

9:15	Registration Check-In Coffee Entrance to the Lifelong Learning Center
------	---

Time	Shakespeare Room Personal Volume Sound Devices available in this classroom	Maya Angelo Room	Frida Kahlo Room Personal Volume Sound Devices available in this classroom
10:00 to 10:45	Innovations in Aging: Technologies Supporting Independence and Wellbeing –Megan Park, Front Porch Center for Innovation & Wellbeing	What's a Podcast? Why is Everyone so in Love with It? –Barbara Smith, M.A., Oasis Instructor	Conquer Your Passwords: A Strategy that Works –Jacki Montierth, Founder of WiseBoomer.com and Oasis Instructor
11:00 to 11:45	Debunking Fake News 101 –Tarryn Mento, KPBS –Brad Racino, inewsource	Dementia: Tech Innovations for Patients and Caregivers –Yasmin Shah, Author of <i>Experience: Caregiver's Journey</i>	Understanding Virtual Reality and How It Will Become Our Daily Device –Ryan Kussner, Virtual Tour Operators
12:00 to 12:45	Lunch in the Courtyard outside the Food Court (must present Technology Fair lunch coupon)		
12:45 to 1:30	Robotic Advances in Hip and Knee Replacement Surgery –Dr. Steven Allsing, Orthopedic Surgeon, Sharp Grossmont Hospital	Keeping Up with Technology...You Can't Just Ignore It and Stay Low Tech Forever! –Jacki Montierth, Founder of WiseBoomer.com and Oasis Instructor	Staying Ahead of Today's Cyber Criminals –Stephen Cobb, Senior Security Researcher, ESET
1:45 to 2:30	Lessons from a DA: How to Outsmart Personal Information Thieves –Brendan McHugh, Deputy District Attorney	Simple Tech To Help You Become A Confident Digital Photographer –Ginna Baik, CDW	Voice First: How the Amazon Alexa, Google Home, and other Virtual Assistants Can Promote Convenience, Independence and Wellbeing –Kristle Bulleman, Front Porch –Megan Park, Front Porch
2:30 to 2:30	Prize Drawings outside the Food Court (Must be present to win)		

TECH TALKS 2018 SCHEDULE

See next page for full descriptions of each Tech Talk

Ray & Rupert Room	Wellness Center	Ask the Expert
Beginner Level: Hands-on iPad Experience –John Osborne, AT&T	What is the Cloud and am I on It? –Mary Burns, Oasis Technology Instructor and SDCE	Ask the Expert (at Registration Area) Individual Tech Consultations These one-on-one opportunities are available from 10:15 AM to 2:30. Stop by anytime throughout the day to ask questions of our tech specialists. <i>Please note that there is a 15-minute limit per person so that we can accommodate as many people as possible!</i>
Becoming a superhost at 50+ and using the AirBnB technology to earn extra income in retirement –JoAnn Jaffe, Superhost, Airbnb	The Ins and Outs of Google –Mary Burns, Oasis Technology Instructor and SDCE	
Turkey Ham Veggie Sandwiches (includes chips and a bottle of water)		
Capturing Your Family History Using Simple Tech –Louis Nava	Android versus iPhone... What is Best for Me? –Mary Burns, Oasis Technology Instructor and SDCE	Keep Up On All Things San Diego Oasis  Like us on Facebook www.facebook.com/ sandiegoasis
Technology for folks with varying degrees of sight loss –Vicki Zimmerman-Fox, Braille Institute –Nikki Warren, Braille Institute	What to Look for in a New Computer –Mary Burns, Oasis Technology Instructor and SDCE	
Learn More about San Diego Oasis: (619) 881-6262 www.SanDiegoOasis.org		





SESSION ONE TRACK
10:00 AM - 10:45 AM

**Innovations in Aging:
Technologies Supporting
Independence and Wellbeing**

–Megan Park, Front Porch Center
for Innovation and Wellbeing

What do we look for as we and our loved ones age, and how can technology support our needs? How do we make sense of all the products and services that are in the marketplace today? How do we find the right technology solutions? This session will survey the landscape of technological innovations for aging and explore some of the answers to these questions.

What's a Podcast? Why is everyone so in love with it?

–Barbara Smith, M.A.,
San Diego Oasis Instructor

Offering story-telling at its best, podcasts are like "Radio On-Demand." Best of all, they are free! In this Tech Talk, we'll explore different sources of podcasts including NPR, TED Talks and more, and also look at ways to listen to and download podcasts onto your device of choice. You might just get hooked!

**Conquer Your Passwords:
A Strategy that Works**

–Jacki Montierth
Founder of WiseBoomer.com
and Oasis Instructor

Join this Tech Talk to learn how to get ALL of your passwords under control and always know what they are! You will discover a way to always know your password without having to write them down or click on "Forgot My Password."

SESSION TWO TRACK
11:00 AM - 11:45 AM

Debunking Fake News 101

–Tarryn Mento, KPBS
–Brad Racino, inewsource

How can you tell what's real and what's fake on the internet? KPBS reporter Tarryn Mento and inewsource investigative journalist Brad Racino will demonstrate how you can verify information on your own and with ease. They'll explain basic and more advanced steps so you can be your own detective and debunk some of those posts shared by your friends on social media.

Dementia: Tech Innovations for Patients and Caregivers

–Yasmin Shah
Author of *Experience:
Caregiver's Journey*

You will learn about the many impacts of dementia on patients, caregivers and family members. Dementia impacts not just activities of daily living (ADLs). In conjunction with efforts by the county to make San Diego Age and Dementia Friendly, various innovative technologies are being identified to help not just patients, but their caregivers and families.

Understanding Virtual Reality and How It Will Become Our Daily Device

–Ryan Kussner,
Virtual Tour Operators

Learn all about virtual reality and how it will change your life in the near future. We will go over the different types of headsets, different platforms for VR, and some great experiences that are available now.

**Beginner Level:
Hands-on iPad Experience**

–John Osborne,
AT&T

Would you like to actually experience how to use an iPad? Participants will use iPads as to discover some of the basic built in features and how to download and use apps. If you want a beginner-level hands-on experience with an iPad, this session is for you!

What is the Cloud and am I on it?

–Mary Burns,
Oasis Technology Instructor and SDCE

One of the biggest mysteries of the Internet is the cloud. This session will unravel the mystery for you, providing you with some practical ways to understand the cloud, why being on the cloud is such a big deal, and to understand what you can do on the cloud. We'll also look at the big 3 cloud players, Microsoft, Google and Apple.

Becoming a Superhost at 50+ and Using the Airbnb Technology to Earn Extra Income in Retirement

–JoAnn Jaffe, Superhost, Airbnb

Meet JoAnn Jaffe, a Sherman Heights resident, who is single, 50+, and a successful "Airbnb Superhost." Learn how she is using Airbnb technology and resources to make extra income, keep her historic home, and make international friends by hosting people from around the world.

The Ins and Outs of Google

–Mary Burns,
Oasis Technology Instructor and SDCE

Google is a powerful search tool that has branched out into many areas of productivity and entertainment. Learn of the many services you can use with Google. We will also discuss the data behind Google, and what that means to you.

Ask the Expert

**Ask the Expert
(at Registration Area)
Individual Tech
Consultations**

These one-on-one opportunities are available from 10:15 AM to 2:30 PM. Stop by anytime throughout the day to ask questions of our tech specialists.

Please note that there is a 15-minute limit per person so that we can accommodate as many people as possible!

LOOKING AHEAD:
The 2019 Spring
Catalog will be available
Thursday, December 13.
Mark your calendar!



*The art challenges the technology,
and the technology inspires the art.*

–JOHN LASSETER

*Science and technology revolutionize our lives,
but memory, tradition and myth frame our response.*

–ARTHUR M. SCHLESINGER



SESSION THREE TRACK
12:45 PM - 1:30 PM

Robotic Advances in Hip & Knee Replacement Surgery

–Dr. Steven Allsing, Orthopedic Surgeon, Sharp Grossmont Hospital

Dr. Allsing will discuss surgical treatment options for hip and knee replacement, including Mako®, a minimally invasive, robotic-arm assisted procedure. This innovative approach causes less pain and scarring and preserves healthy bone, tissue and ligaments, leading to a shorter hospital stay and quicker return to your normal life. Sharp Coronado and Sharp Grossmont Hospitals are the only providers in San Diego to offer Mako® robotic-arm assisted surgery.

Keeping Up With Technology: You Can't Just Ignore It and Stay Low Tech Forever!

–Jacki Montierth
Founder of WiseBoomer.com and Oasis Instructor

Learn the best ways and the reasons to keep up with this crazy world of technology. What devices should you have and how will technology impact your life in the near future?

Staying Ahead of Today's Cyber Criminals

–Stephen Cobb
Senior Security Researcher, ESET

ESET is one of the world's largest security software companies. He will explain the ways in which cyber criminals target victims, and give us tips on how we can protect ourselves and our families against these digital scams and frauds.

SESSION FOUR TRACK
1:45 PM - 2:30 PM

Lessons from a DA: How to Outsmart Personal Information Thieves

–Brendan McHugh,
Deputy District Attorney

Brendan McHugh is Deputy District Attorney and Project Director of the CATCH Team, which stands for "Computer and Technology Crime High-Tech Response Team." These folks are always on the look-out for cybercrime. He's here to help all of us avoid the trouble spots when using online services.

Simple Tech to Help You Become a Confident Digital Photographer

–Ginna Baik,
CDW

Challenge 1: Take a digital photo with your smart phone or tablet. Challenge 2: Share your gorgeous photo in a safe, easy way. We will tackle both of these challenges and you will walk away with a free app and new impressive photo skills! The FamilyGram app will be free for attendees of the Tech Fair on the iTunes app store for a limited time (both iPhone and iPad, a \$10 value) and free to use forever.

Voice First: How the Amazon Alexa, Google Home, and Other Virtual Assistants Can Promote Convenience, Independence, and Wellbeing

–Kristle Bulleman, Front Porch
–Megan Park, Front Porch

Virtual assistants can help you search the web for answers, provide news and weather reports, play music, and control your lights, thermostat, and TV...all through your voice! Learn how these devices are quickly becoming one of the most powerful consumer technologies to support us as we age.

Creating Your Own Digital Family History with Simple Tech

–Louis Nava

People of the past have been remembered through family members, journals, books and on film and video. Forgotten, however, are stories of people who didn't make the history books. How wonderful would it be to send a message to your future great, great grandchildren and be able to inspire them? The Internet has changed the way we remember our world by allowing us the opportunity to become heard in life and remembered even after we exit this life. We will cover a few tech tools through which we can capture, share our stories and allow our future grand kids to know who we were, instead of just knowing a name.

Android versus iPhone... What is Best for Me?

–Mary Burns,
Oasis Technology Instructor and SDCE

You have many choices when looking for a new smartphone. This presentation will introduce you to Android and iPhone, the two big players in smartphones. We will discuss some of the similarities and differences between them. We will help you determine what is best for you.

Technology for Folks with Varying Degrees of Sight Loss

–Vicki Zimmerman-Fox, Braille Institute
–Nikki Warren, Braille Institute

Smart devices, vision accommodating apps, as well as innovative, adaptive aids can replace the need to solely rely on vision for everyday living tasks that have become increasingly more difficult due to: Macular Degeneration, Glaucoma, Cataracts, Diabetic Eye Disease and more. Join us as we discuss and demonstrate the following Low Vision aids and apps: Voice Over, Tap Tap See, Currency Identifier, Barcode Scanning, Facial Recognition, The Pen Friend, Echo, Talking Watches, and Liquid Level Indicators.

What to Look for in a New Computer

–Mary Burns,
Oasis Technology Instructor and SDCE

Confused about computers? We will discuss things that anyone would consider when buying a new computer, including memory options, processors, types of operating systems, ports for plug in devices, and more. Treat yourself to this informative session, if you are in the market.

Ask the Expert

Ask the Expert
(at Registration Area)
Individual Tech Consultations

These one-on-one opportunities are available from 10:15 AM to 2:30 PM. Stop by anytime throughout the day to ask questions of our tech specialists.

Please note that there is a 15-minute limit per person so that we can accommodate as many people as possible!

Keep Up On All Things
Oasis San Diego



www.facebook.com/sandiegoasis



Every once in a while, a new technology, an old problem, and a big idea turn into an innovation.

–DEAN KAMEN

Technology, like art, is a soaring exercise of the human imagination.

–DANIEL BELL